

## November 2018- JAMS Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
			<b><u>1</u></b> Popcorn Chicken Spicy Chicken Wrap* Ham Sandwich* Turkey Sandwich* Chef Salad* Romaine Salad w/ Dressing* Fresh Veggies w/ RF Dip* Br Rice Pilaf California Veggies Fresh Fruit Applesauce Fr Fruit Cup Milk*	<b><u>2</u></b> <b><u>No School</u></b>
<b><u>5</u></b> Hamburger w/ Bun Mini Corn Dogs Ham Sandwich* Turkey Sandwich* Chef Salad* Romaine Salad w/ Dressing* Fresh Veggies w/ RF Dip* Broccoli Spirals & Cheese* Apples w/ Caramel* Juice Gelatin Ketchup/ Mustard/ BBQ Milk*	<b><u>6</u></b> Chicken Fajita* Taco Fixings Spicy Chicken Sandwich Ham Sandwich* Turkey Sandwich* Chef Salad* Romaine Salad w/ Dressing* Fresh Veggies w/ RF Dip* Mexican Rice Refried Beans w/ Cheese* Corn Fresh Fruit Rosey Applesauce Fr Fruit Cup Ketchup/ Mustard/ BBQ Milk*	<b><u>7</u></b> Chili/ Cheese* & Fritos Chicken Nuggets Roll Ham Sandwich* Turkey Sandwich* Chef Salad* Romaine Salad w/ Dressing* Fresh Veggies w/ RF Dip* Seasoned Oven Potato Green Beans Fresh Fruit Fruit Cocktail Gelatin Ketchup/ Mustard/ BBQ Cinnamon Roll* Milk*	<b><u>8</u></b> Chicken Tenders Grilled Chicken Wrap* Ham Sandwich* Turkey Sandwich* Chef Salad* Romaine Salad w/ Dressing* Fresh Veggies w/ RF Dip* Br Rice Pilaf Fries California Veggies Fresh Fruit Applesauce Fr Fruit Cup Milk*	<b><u>9</u></b> Smorgasbord*(P) Popcorn Shrimp Ham Sandwich* Turkey Sandwich* Chef Salad* Romaine Salad w/ Dressing* Fresh Veggies w/ RF Dip* Mashed Potatoes* Chicken Gravy Peas Orange Wedges Assorted Fruit Yogurt Cup* Shrimp Sauce Ketchup/ Mustard/ BBQ Sugar Cookie* Milk*
<b><u>12</u></b> Corn Dog Pulled Pork Sandwich(P) Ham Sandwich* Turkey Sandwich* Chef Salad* Romaine Salad w/ Dressing* Fresh Veggies w/ RF Dip* Buttery Noodles* Broccoli Apples w/ Caramel* Juice Gelatin Ketchup/ Mustard/ BBQ Milk*	<b><u>13</u></b> Walking Tacos* Taco Fixings Bread Chicken Sandwich Ham Sandwich* Turkey Sandwich* Chef Salad* Romaine Salad w/ Dressing* Fresh Veggies w/ RF Dip* Mexican Rice Refried Beans w/ Cheese* Corn Fresh Fruit Rosey Applesauce Fr Fruit Cup Ketchup/ Mustard/ BBQ Milk*	<b><u>14</u></b> Turkey & Gravy w/ Roll Spicy Chicken Nugget Roll Ham Sandwich* Turkey Sandwich* Chef Salad* Romaine Salad w/ Dressing* Fresh Veggies w/ RF Dip* Mashed Potatoes Green Beans Fresh Fruit Apricot Cup Gelatin Ketchup/ Mustard/ BBQ Pumpkin Bar* Milk*	<b><u>15</u></b> Mandarin Chicken & Rice Roll Chicken Tender Wrap* Ham Deli Sandwich* Turkey Stacker-bun Chef Salad* Romaine Salad w/ Dressing* Fresh Veggies w/ RF Dip* Br Rice Pilaf California Veggies Fresh Fruit Applesauce Fr Fruit Cup Lettuce/ FF Mayo Ketchup & BBQ Sauce Milk*	<b><u>16</u></b> Smorgasbord*(P) Tony's Sticks* Marinara Sauce Ham Sandwich* Turkey Sandwich* Chef Salad* Romaine Salad w/ Dressing* Fresh Veggies w/ RF Dip* Mashed Potatoes* Chicken Gravy Peas Diced Pears Orange Wedges Yogurt Cup* Ketchup/ Mustard/ BBQ Choc Chip Cookie* Milk*

<p><b>19</b>  Pork Tenderloin w/ Bun  Hot Dog w/ Bun  Ham Sandwich*  Turkey Sandwich*  Chef Salad*  Romaine Salad w/  Dressing*  Fresh Veggies w/ RF Dip*  Broccoli  Greek Spaghetti*  Apples w/ Caramel*  Juice  Gelatin  Ketchup/ Mustard/ BBQ  Milk*</p>	<p><b>20</b>  Soft Shell Tacos*  Taco Fixings  Grilled Chicken Sandwich  Ham Sandwich*  Turkey Sandwich*  Chef Salad*  Romaine Salad w/  Dressing*  Fresh Veggies w/ RF Dip*  Mexican Rice  Refried Beans w/ Cheese*  Corn  Fresh Fruit  Rosey Applesauce  Fr Fruit Cup  Ketchup/ Mustard/ BBQ  Milk*</p>	<p><b>21</b>  <u>No School</u></p>	<p><b>22</b>  <u>No School</u></p>	<p><b>23</b>  <u>No School</u></p>
<p><b>26</b>  Hamburger w/ Bun  Mini Corn Dogs  Ham Sandwich*  Turkey Sandwich*  Chef Salad*  Romaine Salad w/  Dressing*  Fresh Veggies w/ RF Dip*  Broccoli  Spirals &amp; Cheese*  Apples w/ Caramel*  Juice  Gelatin  Ketchup/ Mustard/ BBQ  Milk*</p>	<p><b>27</b>  Chicken Fajita*  Taco Fixings  Spicy Chicken Sandwich  Ham Sandwich*  Turkey Sandwich*  Chef Salad*  Romaine Salad w/  Dressing*  Fresh Veggies w/ RF Dip*  Mexican Rice  Refried Beans w/ Cheese*  Corn  Fresh Fruit  Rosey Applesauce  Fr Fruit Cup  Ketchup/ Mustard/ BBQ  Milk*</p>	<p><b>28</b>  Cheesy Chicken Tortilla Soup* w/  Fritos  Chicken Nuggets  Roll  Ham Sandwich*  Turkey Sandwich*  Chef Salad*  Romaine Salad w/  Dressing*  Fresh Veggies w/ RF Dip*  Seasoned Oven Potato  Green Beans  Fresh Fruit  Fruit Cocktail  Gelatin  Ketchup/ Mustard/ BBQ  Banana Bar*  Milk*</p>	<p><b>29</b>  Chicken Tenders  Grilled Chicken Wrap*  Ham Sandwich*  Turkey Sandwich*  Chef Salad*  Romaine Salad w/  Dressing*  Fresh Veggies w/ RF Dip*  Br Rice Pilaf  Fries  California Veggies  Fresh Fruit  Applesauce  Fr Fruit Cup  Milk*</p>	<p><b>30</b>  Smorgasbord*(P)  Popcorn Shrimp  Ham Sandwich*  Turkey Sandwich*  Chef Salad*  Romaine Salad w/  Dressing*  Fresh Veggies w/ RF Dip*  Mashed Potatoes*  Chicken Gravy  Peas  Orange Wedges  Assorted Fruit  Yogurt Cup*  Shrimp Sauce  Ketchup/ Mustard/ BBQ  M&amp;M Cookie*  Milk*</p>

\*Menu Subject to Change